

# Learning through play

Children use play to learn as they discover, create, wonder, imagine and reflect.

## CURRICULUM

### Early Years Learning Framework Links (EYLF):

- Children are connected with and contribute to their world
- Children are confident and involved learners
- Children are effective communicators

### NSW Curriculum and Syllabus Links:

Communicates with peers and known adults in informal and guided activities demonstrating emerging skills of group interaction ENe-1A

Thinks imaginatively and creatively about familiar topics, simple ideas and the basic features of texts when responding to and composing texts Ene-10C

### Learning Progressions (LPs)

## FAMILIES

### READ



2 min

**Play is essential, natural and instinctive. It is an age-appropriate way for a child to learn.**

Play offers experiences of awe and wonder. It supports the spiritual child to make connections and develop a lifelong passion to explore, discover, question and appreciate their world.

Neural pathways and connections are formed in the first five years of a child's life. Through play and active exploration, children's brains are shaped and designed and many skills are developed including:

- creativity
- emotional regulation
- communication
- collaboration
- problem solving
- empathy
- resilience

These are critical skills needed for life and school.

Most importantly, children are developing foundational literacy and numeracy skills through their everyday experiences of play. Play expands children's thinking and enhances their desire to know and to learn.

### EXPLORE



10 min

**Some ideas for learning in the everyday:**

-  Have a tea party with your toys
-  Build a cubbyhouse
-  Create an obstacle course
-  Play games like '1 spy'
-  Play dress ups
-  Your child's own imagination: with imagination, your child can turn herself into a favourite superhero or story character.
-  Play with pegs, stones and shells (loose parts)
-  Introduce new words in play
-  Join in your child's play when you can

## TEACHERS



### REFLECT



30 min

**Reflect on your knowledge and practice.**

Reflect on the EYLF, NSW Curriculum and LPs and consider learning through play.

- Where have these children come from?
- Where are you taking them?

Think about the learning that happens in your classroom – how do you use play across the curriculum?

What do you expect from the early learner?

What do you want parents to know about play?

How does play support the learning of literacy and numeracy?



### ENGAGE



45 min

**Engage in a learning conversation with parents.**

Is there anything in the video that challenged your thinking about learning through play?

How are the children:

- Practising their skills?
- Testing their ideas?
- Building their knowledge?

Discuss how play is essential in building a child's confidence in learning (literacy and numeracy).

Share what play looks like in your classroom.

What opportunity can you create, or do you have at home to allow play to develop?

Discuss the learning opportunities that arise when you play with your children. (e.g. developing vocabulary, counting, sharing, turn taking).